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Good Housekeeping Publishes Excerpt from Sundberg’s ‘Goodbye, Sweet Girl’

September 9, 2018

Categories: Alumni in the News, Faculty in the News, In the News

Tags: alumni, alumni in the news, english alumni, English News, faculty in the news, in the news, Kelly Sundberg



Dr. Kelly Sundberg, author of ‘Goodbye, Sweet Girl’

An excerpt of Ohio University alum [Dr. Kelly Sundberg’s](#) memoir [Goodbye, Sweet Girl: A Story of Domestic Violence and Survival](#) was [featured in Good Housekeeping](#).

Sundberg, who earned a Ph.D. in English from the College of Arts & Sciences in 2018, is now a Visiting Assistant Professor of English at OHIO.



“Here, Kelly describes how she found herself committing to Caleb – a man she thought was ‘funny, warm, and supportive’ at first. But after the birth of their son, Reed, Caleb revealed a

violent and dangerous dark side that, in addition to a lingering depression, was difficult for Kelly to grapple with – until a perceptive therapist helped her understand what was really going on in her own home,” says the Good Housekeeping introduction.

The excerpt begins with Sundberg’s pregnancy:

The day the test came back with two blue stripes, I put on my jeans and The Flicks T-shirt – the one with Alfred Hitchcock on the back – and drove to work. The Flicks was an indie movie house, and I worked there with artsy types who had lines of poetry tattooed on their forearms, dyed hair, and Converse sneakers. We wanted to make art. Children were not a part of our collective plan.

That morning I strode through the kitchen – past the assistant manager who was making curried sweet potato soup over the large gas range – stood before the espresso machine, turned the machine on to make a latte, and stopped.

I didn’t know if I could drink coffee. Coffee might be poison now. I listened to the whirring of the espresso grinder, the machine grinding the beans into fragments, and peered at my reflection in the brushed steel. *I’m not ready*, I mouthed.

[Read the entire excerpt in Good Housekeeping.](#)